



CAMPBELLTOWN PERFORMING ARTS HIGH SCHOOL

Beverly Road, Campbelltown NSW 2560, AUSTRALIA

Phone: (02) 4625 1403 | Fax: (02) 4625 5986

Email: campbellto-h.school@det.nsw.edu.au

Website: <http://cpahs.nsw.edu.au/>

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7 April 2009

PRINCIPAL NEWS



R Pulbrook
Principal

New Head Teachers Selected

Following merit selection panels I am pleased to announce that our new English Head Teacher is Mr Alex Judge and Head Teacher Visual Arts is Mrs Fiona Valkhoff. Both are experienced head teachers and come highly recommended from their previous schools with Mr Judge currently at Sarah Redfern HS and Mrs Valkhoff at Doonside Technology HS. They will both start at CPAHS at the beginning of term 2.

Student Laptops

The Department of Education and Training has released details of the laptops that will be provided to students as a result of Federal Government funding. The laptops will be produced by Lenovo and will be fully supported with Microsoft software including Adobe Photoshop Elements. The first 261 laptops are due in school by late June-July and will remain the school's property, for use particularly by Years 10-12 students. All Year 9 students will receive their own personal laptop by the end of this year. Students who complete Year 12 will be able to keep their laptop whilst students who leave school early will be required to hand their laptop back to school. This is an incredible opportunity for our students however successful implementation requires much planning and high level organisational structures. Our new HT Visual Arts, Mrs Valkhoff, will be working with staff and students alike to plan effectively for the new equipment. Year 9 students will be required to bring their laptops to school each day fully charged. This in itself will be a challenge for students to overcome.

Amazing Experience

Year 11 vocalist, Angel Tupai, was recently selected by Mary Lopez from the Talent Development Project to perform at the very high profile charity dinner organised by members of the Socceros, Alan Jones and Sony Foundation in support of the Fire & Flood appeal. The 130 participants at the \$1000 a plate dinner raised almost half a million dollars for the appeal. Congratulations to Angel on her selection to perform at this dinner.

Citizenship Ceremony

Five of our students, Emily Hansen, Cypriana Singh, Pamela Nai, Amy Boyland & Rachel Campbell recently provided entertainment for the Campbelltown City Council Citizenship Ceremony. Congratulations to the girls who did a great job for an appreciative audience.

End of Term

As the term draws to a close I wish everyone a safe and relaxing break and remind parents and carers that **school resumes for students on Wednesday 29th April**. Teachers and Administrative Staff will resume on Monday 27th April and will have two School Development Days prior to the return of students.

Robyn Pulbrook
Principal

DEPUTY PRINCIPAL – Mr Carlyon

Merit System

This term 655 merit cards have been handed in for the award of Certificate of Merit. The response from students has been outstanding and indicates the amount of quality work that is taking place at school. I would also like to congratulate the teachers for identifying exceptional work and rewarding those students for their hard work.

If your son/daughter has merit cards at home, please encourage them to hand them in, in groups of five to myself.

Assembly of Excellence

Our term 1 assembly was another outstanding success with almost a full house of students and parents in attendance. The level of success was recognised by the award of 44 bronze, 4 silver and 3 gold awards. There were over 300 awards for classroom effort from years 7 to 10. It was a great celebration of student achievement across all facets of the school.

West Wyalong Cultural Exchanges

Week 4 of next term will see a visit by students of West Wyalong High School. This program has been extremely successful and has been recognised by being the major presentation at a conference for Principals in the Riverina this past week. Our vocal students have been coaching

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WWHS students via the connected classroom for a performance evening on Tuesday 19th of May. Any students who would like to take a billet should see Kiera Grierson in Year 11.

Winter is Fast Approaching

School Sloppy Joes, jumpers and jackets are available from the uniform shop. The prices are extremely competitive and items can be obtained on Monday mornings. **Please visit the school uniform prices link in this newsletter to see the prices for our uniform.**

Please be advised that skivvies are **not** a substitute for a school jumper and are not part of our uniform. Those students who do not have a school top will be provided with one for the day.

P Carlyon
Deputy Principal

PERFORMING ARTS NEWS

We have finally wound up our last round of auditions and we now face the dilemma of selecting our classes for 2009. An emerging trend seems to be a new breed of all round Performing Arts students who have had experience in Dance, Drama and Vocal or Instrumental. These multi-talented students have allowed us to offer thirteen students who were not able to be accepted into dance and Vocal, to audition for Drama. Dance and Drama are very highly complementary skills and was one of the first things I noticed when arriving at CPAHS- it was obvious Drama students had been taught by Dance/Drama teachers as their movement was so confident. Mrs Gammage will be collating our final offers shortly and 2010 is looking good.

Our Year 7 Parents of Performing Arts students went extremely well. It is a nice evening where parents get to see inside the classroom and view what has been happening for the last few weeks. Dance, Drama, Music and Circus all presented confidently to their parents and we had many favourable responses from parents. Thanks also to PA staff for their commitment to staying back and promoting this to our parents-it is genuine goodwill on all parts.

Information has been sent out to our Primary schools drawing areas regarding Rolling thunder, our promotional tour of Primary Schools. We have identified fifteen Primary schools where the majority of our auditioned students come from and this tour tries to make contact with them and promote the great resources and opportunities we have here at CPAHS. There have been signs that this is a success, as our auditioned numbers are up by 30 requests in 2009. With the establishment of a Year 6-7 Transition Officer at CPAHS, there is a need to create a broad Strategic Plan for getting information to Primary School students about our school. We would envisage workshops in the Performing Arts, Performances in Primary schools on a regular basis and making connections with staff and students involved in Creative Arts Programs. We intend to make a Promotional DVD and an Audition DVD that promotes preparation for the audition process. The fact is that many Primary School students have made their choice of preferred high school by Grade Four. Our challenge is to get information to them that may make them reconsider or re-inform their choices. Quite often the general community knows little about the real inside workings of CPAHS.

As I write this newsletter I have been informed by many younger students in Year 7 and 8 that they do not receive it. The PA Faculty will be surveying students in an effort to find out how many students have access to this important information stream. This is the way of the future and we are slowly building towards having all of our information about performances, ticketing, excursions, notes, assessments and curriculum on the net. This not only saves trees, but allows students to quickly access missing information from home-it

is also efficient for staff because we will no longer have to individually inform those students who have been absent or unaware.

Ken McBeath
Head Teacher Performing Arts

Calendar for Term Two

2	3	Mon	11/5	CPAHS	Yr 7-11 Drama Evening
	4	Tues	19/5	CPAHS	Vocal Evening
	5	Mon-Fri	25-29	Various	Rolling Thunder
		Mon/ Tues	25/26	CPAHS	Combined PS/CPAHS concert

What is Hypoglycaemia?

Hypoglycaemia (low blood glucose level or hypo) occurs when the blood glucose levels drop to less than 4mmol/L or when hypo symptoms are being experienced at a level close to 4mmol/L.

What causes a hypo?

- Being physically active
- Delaying or missing meals or snacks
- Not eating enough carbohydrate
- Having too much insulin

What are the symptoms of a hypo?

- A headache
- Looking pale
- Sweating
- Being irritable
- Trembling
- Feeling hungry
- Crying
- Feeling or acting confused

If in doubt, do not waste time doing a blood glucose test. Blood glucose levels less than 4mmol/L should be treated even when there are no symptoms.

Treatment

Mild to moderate hypo:

If the young person is conscious and has a blood glucose level less than 4mmol/L, take the following steps.

Step 1

Give any one of the following. You may need to coax the young person to take it:

- 1/3-1/2 can soft drink (not diet)
- Glucose tablets equivalent to 10-15gms
- 1/3-1/2 glass fruit juice or a small tetrapak
- 2-3 teaspoons honey or sugar
- 5-7 jellybeans

Symptoms usually disappear after 10-15 minutes. However, if the blood glucose level remains low and symptoms are still present, repeat the treatment and stay with the young person.

Step 2

Follow up with extra carbohydrate food such as fruit, a sandwich or biscuits. If a hypo occurs just before a scheduled meal or snack, follow with that meal or snack.

Severe hypo

If the young person has a fit or is unconscious, get emergency help fast!

- Do not attempt to give anything by mouth.
- Lie the young person on their side in the recovery/coma position.
- Call the ambulance (Dial 000) OR give an injection of Glucagon* if it is available and you are trained to give it.
- Stay with the young person until help arrives.
- Glucagon is a hormone that raises the blood glucose level and is injected in a similar way to insulin. It is recommended to have Glucagon on hand in case of a severe hypo and be shown how to use it.

For more information phone 1300 136 588

Website: www.diabetesaustralia.com.au

S Keogh

Head Teacher Welfare

ASPECT RECIPE FOR SUCCESS

A Positive Behaviour Support Workshop for Families

SOUTH WESTERN SYDNEY

Aspect Recipe for Success is an innovative program designed by Autism Spectrum Australia (Aspect) Behaviour Support, which has received very positive evaluations from participants in metropolitan Sydney and regional NSW. Its main purpose is to assist families to better understand and manage the challenging behaviour of their children in the home. The training program is offered over three consecutive days, from 9.30am to 2.30pm each day.

Families will:

- Learn how challenging behaviour can arise and how their actions contribute
- Learn how an ASD might contribute to challenging behaviour
- Learn how to create an autism friendly environment
- Understand the importance of what happens before and after a behaviour
- Learn how to cope and respond confidently when challenging behaviours occur
- Learn about developing a positive replacement behaviour to change a challenging behaviour
- Learn how to teach new skills to increase independence
- Learn how to write a crisis plan

When: 4th, 5th & 6th May, 2009

Time: 9.30am – 2.30pm

Book early as places are limited

Where: Campbelltown RSL

Carberry Lane

Campbelltown

Cost: The course is FREE!!

Childcare will NOT be available.

For further information please contact:

Jodi Woodward (Behaviour Support Specialist).

23 Commercial Rd (PO Box 937)

Alstonville NSW 2477

Phone: (02) 6628 3660

Mob: 0447 435 577

Fax: (02) 6628 3298

Email: jwoodward@autismspectrum.org.au or www.autismspectrum.org.au

S Keogh

Head Teacher Welfare

CLOTHING POOL

We would greatly appreciate any donations of good outgrown school uniform garments.

We are in short supply of: White shirts, boys shorts, boys trousers, girls skirts.

Any contributions may be left at the Administration Office.

Thanking you

M Boucher

Uniform Shop

YourTutor – Online homework help for students

Campbelltown Library Service is again offering YourTutor – an online live homework help service for students from Year 4 – 12.

Students can access YourTutor at home or in the Library from Monday to Friday between 4pm – 8pm. YourTutor offers study support from a qualified online tutor covering subjects such as Mathematics, Science, English and assignment research skills.

Campbelltown Library service offers YourTutor to students free of charge. Students only need their library card number to login to YourTutor from the library's website.

Please encourage your students to utilise this wonderful free service.

1. **Log in:** www.campbelltown.nsw.gov.au/library

2. **Click** at YourTutor.com

3. **Key in** your library card number

Need information for your assignment right now?

1. Go to information desk online at: www.campbelltown.nsw.gov.au/library

2. Click on Information Desk Online

Information you can access from home or in the library:

Online Encyclopaedias: World Book and Britannica

Reference e-books: Science, religion, fashion, sports, and countries

Newspapers and journals: Sydney Morning Herald from 1955 and others

Databases: Literature, law, science, business, current affairs and history

Grant White

Manager

Campbelltown Library Services

STUDENTS ON WORKPLACEMENT

The following Year 12 students will be on workplacement during the next fortnight:

Information Technology:

Ali Al Salami - Notebook Solutions, Campbelltown

Blake Anderson - Zip Computers, Campbelltown

Muhammad Ayub - Glenfield Public School, Glenfield

Claire Fazzolari - The Grange Public School, Glenfield

Katie King - Narellan Vale Public School, Narellan Vale

Gavin Morgan - Campbelltown City Council, Campbelltown

Daniel Norton - Fans Computers, Campbelltown

Kimberley Rose - Notebook Solutions, Campbelltown

Leon Symington - Page One Technologies Pty Ltd, Ingleburn

Dylan Taylor-Biddulph - Osit Pty Ltd, Mount Annan

Evan Tran - Osit Pty Ltd, Mount Annan

Barry Treak - MultiTECH Australia Pty Ltd, Ingleburn

Retail:

Crystal Furness – Spotlight, Campbelltown
Rebekah James – St Vincent de Paul Society, Campbelltown
David Oeti – colonial Business Services, Ingleburn

Construction:

Troy Hagan – Campbelltown Frames & Trusses, Campbelltown

Ihab Hijazi – Rezi Homes, Narellan
David Oeti – Baja Beach Club, Ambarvale
Stephen Turner – E & S Homes Pty Ltd, Raby

M Sussman
Vet-Co-ordinator

P & C NEWS

The Entertainment Book which was bought by some people will be coming to an end soon. We will be selling the Books again and have just been informed that we can start taking Pre Orders now. If anyone is interested in purchasing 2009/2010 book please let me know and I will start organising this. Cost is Macarthur Book \$55, Newcastle \$60, Sydney \$65 and Sydney North \$65.

Some of the events that have been already organised are:

- 2 Bunnings BBQ's which are: **Sunday 14th June and Sunday 15th November**

If anyone can help us on these days in any way, for 1 - 2hrs or more please let us know, it would be very much appreciated.!

- Shopping Tour will be booked for **Sunday 1st November 2009**.

Still to organise:

Bingo, Trivia Night and a Market Day, to be discussed at the next meeting.

Our Next meeting is on Tuesday 26th May 2009 at 7pm meeting in the foyer.

We would love to see many parents attending. This meeting is the AGM. if you don't want to stand for a position don't feel obliged to, so please don't let this stop you from attending this meeting.

Any enquiries about please do not hesitate to contact me.

Trudy Terelinck
P & C President

Ph: 46256371
e-mail - trudyter@optusnet.com.au

HEAD TEACHER, TEACHING & LEARNING

Premier's Reading Challenge

The Premier's Reading Challenge aims to encourage in students a love of reading for leisure and pleasure, and to enable students to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

The Premier's Reading Challenge is open to all school students up to Year 9. Many of our students have already registered for the Challenge and I ask all parents of students in Years 7 to 9 to strongly encourage your children to enter this Challenge and read the number of books required. For our students, this is twenty books, fifteen of which must come from the PRC booklist and five of which can be the students' own choice. The booklist can be viewed online at: <https://products.schools.nsw.edu.au/prc/booklist/home.html>

The Premier's Reading Challenge is an initiative of the NSW State government with principal support from the Dymocks Literacy Foundation and OPSM and media partner, *The Sun-Herald*.

The Challenge runs from **1st February to 1st September 2009**. Ongoing reading is encouraged. Books read from 1st September 2008 can count towards the 2009 Challenge.

NAPLAN

Parents of children in Year 7 and Year 9 are reminded that the National Assessment Program-Literacy and Numeracy will be conducted on the 12th, 13th and 14th of May. More information on these tests can be found on the NAPLAN website:
<http://www.naplan.edu.au/>

YEAR 12

Congratulations to all parents on supporting your children through their Year 12 Half-Yearly exams. Students will by now have received their results and feedback on their exam performance. Please encourage your child to discuss these results with you. It is important to be positive and ensure that your child does not become despondent about disappointing marks-these should be seen as something to learn from to improve future exam performances. Students should seek clarification from their class teacher if they are unsure how to incorporate the feedback they have been given into future tasks.

All Year 12 students will have some form of work to complete over the holidays and should attempt to spend some time revising concepts from the last two terms. Parents will play an important role here in ensuring that students achieve balance in their study timetable. It is vital that students are taking care of their physical and emotional health and they may require some assistance in ensuring that they get adequate rest, an appropriate amount of leisure time and that they have a healthy, balanced diet.

I wish all families a safe and happy Easter break.

Mrs Donna Pooley
Head Teacher Teaching and Learning